

NASA EMPLOYEES SHOULD REGISTER NO LATER THAN
FRIDAY, OCTOBER 29 TO PARTICIPATE IN THIS
GOVERNMENT-WIDE CHALLENGE!!!



TO REGISTER, VISIT www.healthierfeds.gov
Group ID # for NASA Agency is 23425

JOIN THE CHALLENGE

OCTOBER 15 – DECEMBER 10



<p>Daily activity is IN REACH!</p> <p>FLEX YOUR OPPORTUNITY</p> 	<p>Find activities you ENJOY!</p> <p>FLEX YOUR OPTIONS</p> 	<p>Squeezing activity into a busy day is DOABLE!</p> <p>FLEX YOUR TIME</p> 	<p>Get the extra boost YOU NEED!</p> <p>FLEX YOUR ENERGY</p> 	<p>Make a promise to your health: it's a WIN-WIN!</p> <p>FLEX YOUR MOTIVATION</p> 	<p>Feel proud of your EFFORT!</p> <p>FLEX YOUR ACHIEVEMENT</p> 
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CHECK OUT NASA'S
OCCUPATIONAL HEALTH
WEBSITE <http://ohp.nasa.gov/>
FOR DETAILS!!!

